



Place
...of wellness

Expressive Arts Workshop

Chinese Ink Art

Come join us at Place... of wellness to discover your creative side in a fun art class. Peihong, a talented artist, will be leading an introductory workshop on traditional Chinese ink art.

This is a **FREE** workshop open to all - no art experience needed!

Chinese ink art is considered one of the greatest expressions of Chinese spirituality and can be likened to the physical and mental discipline of tai chi. The practice of Chinese ink art is thought to instill one with a sense of calm, inner serenity and good health.

Thursday, June 26th, 2:00- 4:00 pm
Place...of wellness – Mays Clinic (ACB)

Located on the 2nd floor of the Ambulatory Clinical Building (ACB), near the Tree Sculpture, between the Anderson Network Hospitality Center and the Learning Center. Please check-in at the reception desk across from the Appearance Center. For more information, or to sign-up, please contact us at 713-794-4700.



This program is sponsored by **COLLAGE: The Art for Cancer Network**, an organization dedicated to providing innovative art programs for people living with cancer. For more information, visit their website, www.collageartforcancer.org or e-mail info@collageartforcancer.org.

Special thanks to **the Children's Art Project** for their generous support of these workshops.

吉慶有餘
培如寫
新年